



AGILITY

Jump Grid 1

Dogs jump all the time: onto the couch; over logs, through bushes etc. when there is something interesting to explore. In those cases, the dog is making its own decisions about direction, speed and height. They are in control so they are mostly successful. But in agility the handler and the dog are a team, and the handler wants to control direction, speed and height. Meeting the handler's expectations makes the jumping task much harder for the dog.

Jumping is probably the most important of all the agility skills. Jump grids are gymnastic exercises where the DOG figures out how to successfully jump agility sequences. We want to make jumping as easy for the dog as we can!

Our motto will be "rhythm and accuracy. **Neither height nor speed are our initial goals.**

During each class we will try two different grids and your team will get a minimum of three turns. If you want to do homework, please know that grids are very hard work for the dogs, and it easy to overuse a particular muscle group. Ideally, spend about 3 minutes actually running a particular grid. And, don't do grids more than 3 times a week.

We will need a target for your dog to aim for. A toy or food on a target plate are fine. The target will **ALWAYS** be on the ground, so make sure it is something the dog has value for, but won't be over stimulated by it

This course can accommodate dogs at all skill levels, but novice dogs will be working on different skills than more advanced dogs. For example, if you don't have a "start line," be prepared to spend lesson time training that.

Class size is maximum 5 students

For further information please contact: lessons@dogopogo.ca